



Live Green@NUS

OUR SUSTAINABLE FUTURE STARTS TODAY
by NUS Sustainability

Travelling this festive season and want to make your trip greener?

This issue, we invite environmental student group **NUS SAVE** to give you some sustainable travel tips!



Pack and Prep Mindfully



- **Pack light** to reduce fuel use: less mass takes less energy to move.
- **Bring reusables** (water bottle & shopping bag) to avoid single-use plastics.
- **Choose e-tickets** over paper.
- **Group appointments** so as to make fewer trips, saving time, money and fuel.

Choose Sustainable Transport Options



- **Take direct flights** to reduce the number of high-emission takeoffs and landings.
- **Pick airlines** with carbon offset programs or green initiatives.
- **Prioritise low-impact transport:** walk, bike, use public transit or take a train.
- **Rent hybrid or electric vehicles.**

Choose Eco-friendly Hotel Stays



- **Book certified eco-friendly hotels** (e.g., EarthCheck, Green Seal).
- **Unplug electronics** when not in use as they drain energy even when off.
- **Reuse towels/sheets; skip daily housekeeping** with "Do Not Disturb" sign to save water, electricity, and cleaning chemicals.
- **Set the thermostat** to a moderate temperature.
- Use **hotel recycling facilities** or keep recyclables for proper recycling later.

Support Local & Resource Conservation

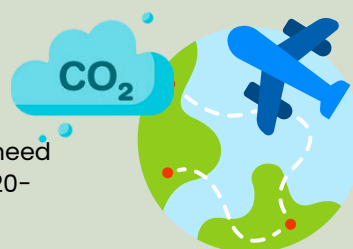


- **Dine and shop at local small businesses**, as they often use locally-sourced, seasonal goods.
- **Buy locally-crafted souvenirs** over mass-produced trinkets.
- **Conserve water:** take short showers; turn off taps while lathering or brushing your teeth.
- **Skip hotel laundry service** as it typically uses excessive water per load.

Source: <https://your.yale.edu/workplace-services/business-travel/travel-guidance/sustainable-travel-tips>

Did you know that transportation is a major contributor to global warming?

Worldwide, air travel accounts for 882 million tonnes of CO₂ in 2023. You'd need the annual carbon uptake of about 40-45 billion mature trees (assuming 20-22kg CO₂ absorbed per tree per year) to balance that amount.



Source: <https://aviationbenefits.org/other-environmental-challenges/quantifying-aviations-climate-impact>

Read about the NUS SAVE Sustainability Fund on the next page!



BE INSPIRED

Applications are **OPEN**

OPEN TO NUS STUDENTS ONLY!

NUS SAVE SUSTAINABILITY FUND AY25/26

WINTER APPLICATIONS

Got a green idea? The NUS SAVE Sustainability Fund can help you grow it. Managed by NUS SAVE, the fund supports green projects by NUS students – from beach cleanups and resource-saving products to educational events. It is funded by proceeds from charges on plastic bags and other disposables, and is supported by University Campus Infrastructure (UCI).

Grants available:

- **Seed grants:** Up to \$500 for small, testable ideas
- **Sprout grants:** Up to \$3,000 for bigger initiatives (with a NUS faculty/staff advisor)

For queries, telegram Tian Ning (@tian_ning) or email susfund.nussave@gmail.com. Need inspiration? Read about past awardees [here](#) and meet a Sprout Grant awardee below!



Register [HERE](#) or scan the QR and apply by:
26 Dec 2025



PAST SPROUT GRANT WINNER BIODIVERSITY CARD GAME



Prompted by the snake abuse cases in his neighbourhood, NUS computer science student and animal enthusiast Zyon Wee set out to raise awareness about the wildlife around us and promote human-wildlife interactions.

With a fellow enthusiast, he created a 120-card biodiversity game, researched and illustrated using their own wildlife photos. Every species in the deck can be found at Sungei Buloh and in everyday corners of Singapore – parks, canals and green spaces – with scientific inputs from experts from NUS Biological Sciences.



“ We intentionally chose common animals and plants so that people can find them in real life. ”

– Zyon Wee on the species featured in the biodiversity card game



Designed for up to 12 players, the game deals five cards to each participant, who builds and defends stable food chains while learning about predator-prey relations and ecological interactions. Each card mirrors real ecological roles, and includes what to do if you encounter these animals.

Zyon added that the card game also doubles as a field guide: players can bring the cards outdoors to help identify species they encounter. The card will launch soon at \$45 per pack, and proceeds will go into developing editions for other local habitats, including rainforests and intertidal zones. There are also plans to introduce the games to schools across Singapore, with prototypes having reached some schools and nature groups.



For more information, visit...

Website: www.byeobarelands.com

Instagram: [@byeobarelands](https://www.instagram.com/byeobarelands)

Next page – Hear what students say about the new sustainable medicine postgrad programmes!



COURSE ALERT!

Applications are **OPEN**

MSc AND EXECUTIVE FELLOWSHIP IN SUSTAINABLE HEALTHCARE



Did you know that the healthcare sector generates more carbon emissions than the aviation and shipping industries combined?

To help drive the transition to low-carbon care, the **NUS Centre for Sustainable Medicine** launched two postgraduate programmes (including the world's first master's programme) in sustainable healthcare last year to equip future healthcare leaders with skills to navigate climate change. The inaugural cohorts were enrolled this August and applications are now open for the second intakes.

Register [HERE](#) or scan the QR and apply by:
9 March 2026



Masters of Science

1 year, full-time, on campus

For professionals and academics seeking a comprehensive foundation in sustainable healthcare systems, policy and practice.



Wang Jin Zhou, Public Health graduate Class of 2026

“ I applied for this programme because sustainable healthcare is a forward-looking field that bridges my passion for public health and sustainability.

The programme's interdisciplinary approach – exemplified by my capstone spanning public health, environmental science, health economics and systems thinking – and tools like Life Cycle Assessment have expanded my analytical abilities and helped me see the links between healthcare, climate and social equity.

I now view sustainability as an essential part of the healthcare system. Moving forward, I hope to build a career applying these insights across sustainability and public health. ”

Executive Fellowship

1 year, part-time, hybrid/online

For senior leaders and working professionals looking for networking opportunities to participate in key sustainability events.



Dr Christina Png, Preventive Medicine resident, Khoo Teck Puat Hospital Class of 2026

“ I've found the Executive Fellowship in Sustainable Healthcare to be both inspiring and enriching.

One of the highlights was participating in the World Health Organisation Action Forum. It was truly eye-opening and motivating to engage with global leaders driving change in healthcare sustainability. The leadership fireside chats offered thoughtful insights and meaningful reflections that were both practical and inspiring.

I also appreciated the mentorship component of the programme, which has provided valuable guidance and support throughout my professional journey. ”

Find out more at <https://medicine.nus.edu.sg/cosm/education>



GET INVOLVED

InfiniUse's End of Semester Donation Drive

If you are a hostel resident who is moving out and running short on time to sell your belongings or unsure of how to clear your items, look no further!

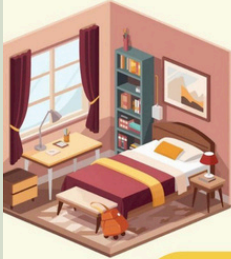
InfiniUse is back with its end of semester donation drive. The group circulates used hostel items from one batch of residents to the next to provide exchange students with affordable and sustainable options during their stay on campus.

Note: Donate only items in usable condition.

**Put your items inside labelled boxes outside
UTown Residence Level 3 Lounge. Till 7 Dec.**

MOVING OUT?

WE'RE COLLECTING PRE-LOVED
HOSTEL ESSENTIALS SO THEY CAN BE
REUSED BY FUTURE RESIDENTS!



- ▶ Essentials
Laundry baskets, dustpans,
brooms, hangers, yoga mats
- ▶ Kitchenware
Utensils, containers, small
appliances
- ▶ Electronics
Lamps, extension cables,
adapters, fans
- ▶ Bedding
Bedsheets, pillows, duvets

**24TH NOVEMBER
TO
7TH DECEMBER**

UTOWN RESIDENCE,
OUTSIDE LEVEL 3 LOUNGE

UTown Residence InfiniUse

NUS BOOTH FOR SIWW2026

Design competition

PRIZES

1st
SGD3,000

2nd
SGD1,500

3rd
SGD500

Submission deadline 31st Dec 2025

More information below

Calling for SIWW2026 NUS booth designs! Design a sustainable, cost-effective NUS booth for SIWW2026, to showcase NUS research, innovation, and partnerships in the environmental sustainability sector.

Call for NUS Booth Design @SIWW 2026

NUS students wanted: Create a sustainable, budget-smart booth for the Singapore International Water Week (SIWW) 2026 that spotlights NUS research, innovation and partnerships in environmental sustainability!

Learn more [here](#) and submit your design [here!](#) Apply by 31 Dec 2025.

Exhibition: Dinosaurs | Extinctions | Us

Get ready for an epic dino adventure! The Lee Kong Chian Natural History Museum and Science Centre Singapore have joined forces to host two global blockbuster exhibitions – Dinosaurs of Patagonia and Six Extinctions!

Explore Singapore's largest ever dinosaur showcase with 33 rare fossils and 60 life-size models across three immersive zones. Trace the rise and fall of prehistoric life, uncover the five mass extinction events that reshaped our planet, and meet the colossal Patagotitan mayorum, one of the largest dinosaurs ever discovered.

From 11 Oct. 10am – 5pm. [Register.](#)



MEET THE WORLD'S BIGGEST KNOWN DINOSAUR!

DINOSAURS EXTINCTIONS US

FIVE EXTINCTIONS. WILL THE SIXTH BE ON US?

**OPENING 11 OCT 2025
AT SCIENCE CENTRE SINGAPORE**

Presented by:

- Lee Kong Chian Natural History Museum
- NUS
- 10 YEARS OF LKCNHM

Produced by:

- AKROM
- GONDWANA STUDIOS

If you have sustainability events to publicise, email [us](#).