

## How to keep workers safe in a hotter future? Join this webinar to find out! || 23 June

4 June 2026 || TO NUS Community


Sent on behalf of [Heat Resilience & Performance Centre, Yong Loo Lin School of Medicine](#)

As temperatures and humidity continue to climb across the region, **heat is becoming a growing threat** to workers' health, safety, and productivity, especially in construction, agriculture, manufacturing, and delivery services.

This webinar will share **practical ways to safeguarding workers' health and livelihoods** from heat-related risks, bringing together evidence, policy, and real-world action.

Participants will walk away with **useful insights** for workplace policy, programme implementation, research, and advocacy.

 **23 June (Tues)**

 **2-3 pm**

 **Those interested may register for the online session [here](#)** 

# Heat at Work

## Safeguarding our 'Rice Bowl': Managing Outdoor and Indoor Heat

**About the webinar:**

Heat is an emerging occupational risk across Southeast Asia, affecting workers in both outdoor and indoor settings – from construction and agriculture to manufacturing and delivery services. Rising temperatures and humidity are increasing the risks of heat strain, heat-related illness, and productivity loss, particularly for workers with physically demanding workloads or inadequate cooling and ventilation.

Using the colloquial expression of the "Rice Bowl", referring to one's livelihood or source of income, this webinar explores how we can better safeguard workers' health and livelihoods from heat-related risks. The session will feature evidence-based guidance on occupational heat stress from the World Health Organization (WHO) and World Meteorological Organization (WMO), alongside a Southeast Asia case study on workplace heat risk management for indoor workers by ILO-IFC Better Factories Cambodia.

Participants will leave with practical insights for workplace policy, programme implementation, research, and advocacy.

**WHO/WMO Evidence-based Guidance on Occupational Heat Stress**

**Professor Andreas Flouris**  
Director, FAME Laboratory;  
Professor of Physiology,  
University of Thessaly;  
Adjunct Professor,  
University of Ottawa

**Managing Rising Heat in Cambodia's Garment Sector: A Case Study From ILO-IFC Better Factories Cambodia**

**Ms Froukje Boele**  
Programme Manager,  
ILO-IFC Better Factories  
Cambodia

 **REGISTER NOW!**

 **23 June 2026, Online (Zoom)**

 **1:00–2:00 PM (ICT) / 2:00–3:00 PM (SGT)**



 **NUS** University of Singapore | Heat Resilience & Performance Centre  
Yong Loo Lin School of Medicine